



IT University Travel Report

Dear Student, this is a template – the aim is to inspire other students who may wish to follow in your footsteps. You are free to give your report the shape you want and to go beyond the questions. You are also very welcome to include pictures and contact information – but you need not.

Note that by filling in and sending the report you automatically consent to publishing it on ITU student.

Host university: Nova IMS

Study Programme at IT University: Global Business Informatics

Exchange agreement or Free mover: Free mover

Courses studied abroad: Business Strategy and Digital Transformation, Information Systems, Artificial Intelligence, Financial Analysis and Management Control, and Personal Development II.

Period studying abroad: semester (autumn/spring) Autumn **year** 2025

If you wish to give advice to other students regarding your travels, please state your contact info here:

Cell@itu.dk

Your stay abroad

What was it like to study at the university (including choice of courses, academic level, social life at campus)?

The courses were quite varied, both in terms of content and difficulty. In general, they are a bit easier to get through, but it is very different throughout the semester. It is more similar to high school, with presentations and assignments during the semester that count as part of the final grade as well.

The school had a lot of social events to offer, and the location is nice. The local students are very sweet and open, and want to work together as well. They are pretty young because they start earlier, so us exchange students did not really get close or end up using our free time with them.

What was your initial motivation for going abroad, and did your stay meet your expectations?

I wanted to try going to school in a new country and experience all the differences that come with it, both at school and what you get on the side from living in another country. Furthermore, just seeing everything Portugal has to offer, which is charming cities, amazing nature, and a great coastline. Everything lived up to my expectations.

Please describe what you got out of your stay, both personally and academically, and how do you expect it to contribute to your further studies?

I would say the biggest thing I learned is that you cannot plan everything and just have to handle the challenges as they come, and then everything will be okay. Usually, there is a solution for it all. It was a big experience living in a new country that is quite different from Denmark. People are very nice, and there are so many possibilities for seeing and doing new things.

I feel like I'm now more practiced in not stressing in uncertain situations and finding solutions, which will hopefully be an advantage in the future. Of course, all the new experiences and nice people is also a great takeaway.

Arranging your stay

Please give a short description of the process of arranging your stay:

As I was a free mover I applied directly to the university. There are some steps in the process, but if you take one thing at a time, it is very manageable. You get a response pretty quickly that you are accepted, and then have to pay a commitment fee to reserve the spot. This is part of the full cost of the semester and can be covered by Udlandsstøpdiendiet. The only uncertain thing is that you don't get the confirmation if you got the spot in the specific courses you applied for until a few weeks before starting. We had no issues with this.

What resources did you find helpful in planning your stay and which people did you use (if any)?

I liked the Travel reports

How did you arrange practicalities such as accommodation?

I used HousingAnywhere, which is a bit more expensive than what you can find on Facebook. I went for a location near the school, and everything went very smoothly. It is very easy to get in contact with the landlord, and there is cleaning of the shared spaces included, as well as towels and bed linen. I would recommend the areas: Saldanha, Anjos, Rato, Rossio, Alameda, and Picoas.

Expenses and Financing

Please comment on expenses connected to your stay abroad

I gave around 700 Euro a month for rent. Everything else is a bit cheaper than in Denmark.

Did you apply for scholarships, and would you recommend any ones in particular?

I applied for 8 and would advise others to apply for ITU travel pool and, in general, just more than I did.

Recommendations for other students:

The instagram erasmuslifelisboa offers so many social events for exchange students. Both weekend trips, pub crawls and sport events. This is an easy way of meeting new people.