STUDYGUIDE.ITU.DK KNOWING YOUR COMPETENCIES

BRAINSTORM ON YOUR SKILLS IN TERMS OF THREE CATEGORIES:

- Professional competencies
 The skills you have acquired during your studies or relevant jobs
- > **Personal competencies** The skills that relate to your person
- General Competences
 The skills you have acquired from extra curricular activities, spare time hobbies or the like

E.g. specific theories or methods, programming languages, academic skills



PERSONAL COMPETENCIES

E.g creative, ambitious, flexible, humorous, service minded, empathic, result-oriented

GENERAL COMPETENCIES

E.g language skills, specific IT programs, workshop facilitator, presenter